

YOUTH CAMP GUIDE



Youth Pastor - Alex Rodriguez

CALVARY HOUSTON / 3700 FM 528 RD / (281) 648-5800

Table of Contents

Important Information	2
Check-In.....	2
Pick-Up.....	2
Contact Info.....	2
Social Media	2
Camp Vision	3
Camp Map	4
Camp Rules	5
Youth Camp Prayer Points	6
Packing Guide	7
What to Bring	7
What Not to Bring	8
Packing Tips.....	8
Checklist	9
FAQ'S	11

Important Information

Check-In

Monday, August 3rd at 12:00pm.

Calvary Houston – Fellowship Hall

Pick-Up

Friday, August 7th at 2:00pm

Calvary Houston – Fellowship Hall

Contact Info

Email – p.alex@calvaryh.org

Message us on Instagram @calvaryhoustonyouth

Calvary Houston (10:00-5:00 Tues.-Fri.) 281.648.5800

Social Media

Follow us on Instagram: @calvaryhoustonyouth

to stay in the loop on services, games, and all the fun during the week.

Camp Vision

Scripture – 2 Corinthians 5:17

According to 2 Corinthians 5:17, anyone who is in Christ becomes a new creation. This is not simply a change in behavior, but a change in identity. The old person we were—defined by sin, shaped by the world, and centered on self—was put to death with Christ. Through His resurrection, God brings into existence a new person with a new identity. This identity is grounded in what God has done, not in our past, our performance, or what others say about us. The old patterns, motives, and loyalties no longer rule us. Even though believers still battle sin, they do so as people who belong to God, no longer slaves to their old nature but alive to Him. In Christ, we see ourselves differently because God has made us different.

Vision Statement

At our youth retreat, we pray that students will come to understand the identity God gives to those who are in Christ. Our desire is for them to see that being “made new” means receiving a God-given identity that cannot be taken away or undone. We want them to grasp from Scripture that God Himself defines who they are, shaping their purpose, their direction, and their sense of worth. As they encounter the truth of the gospel, we hope they will turn from the old life and embrace who they are in Christ. Our vision is for every student to leave knowing who they are in Him and to begin living out that out with clarity, conviction, and obedience to God’s Word.



Camp Map



Camp Rules

- No guys in girls' cabins, no girls in guys' cabins.
- No pranking of any kind.
- Closed-toe shoes required for camp activities.
- Must be appropriately clothed when leaving cabin.
- Girls must wear a one-piece suit or a dark t-shirt coverup.
- Water activities are allowed only when a lifeguard is on duty and during designated times.
- Campers must wear t-shirts and shoes while traveling to and from the water sites.
- In cabins by 11:00pm - no going out after hours.
- 3 is best - No guy & girl students are allowed to be alone together while at camp.
- Don't be alone. Always have a buddy.
- Attend all scheduled activities & be on time.
- No weapons, drugs, alcohol, or vapes.
- Clean-up after yourself.
- Public displays of affection (P.D.A.) between campers are prohibited.
- Listen to all instructions given by camp staff and youth workers.

Failure to follow rules will result in being sent home. Parents will be responsible for picking up students. Students will be held responsible for any damage to camp facilities caused by inappropriate behavior.

Youth Camp Prayer Points

Before

- 1.) May the Lord guide the organizers in every detail of planning, from the logistics to the spiritual content, so that every aspect is aligned with His will.
- 2.) Pray for the participants to come with open hearts and minds, ready to learn and experience the presence of God.
- 3.) Ask for God's protection over everyone attending the camp, for safe travel to and from the campsite, and for health and safety during their stay.

During

- 1.) Pray for the camp leaders, teachers, and volunteers to have wisdom, discernment, and a servant's heart as they minister to the youth.
- 2.) Intercede for the participants to have a genuine encounter with God that transforms their lives.
- 3.) Invite the Holy Spirit to move powerfully in every session, workshop, and activity, empowering and equipping the youth for their Christian walk.

After

- 1.) Pray that the youth continue to grow spiritually, building upon what they learned at the camp and remaining rooted in Christ.
- 2.) Ask the Lord to help the youth apply biblical truths to their daily lives, making a lasting impact on their decisions and actions.
- 3.) Pray for guidance regarding the next steps in each participant's walk with Christ and for opportunities to serve and share their faith.

Packing Guide

What to Bring

Casual Clothing for Five Days

- Pack clothing that is comfortable in hot weather, suitable for outdoor play/games, and has the potential to get wet and dirty (e.g. shorts, short-sleeved shirts). Campers should not pack suggestive or revealing outfits, nor articles of clothing that promote alcohol, tobacco, drug use, sexual behavior, or contain inappropriate language.
 - No spaghetti strap, midriff baring, or strapless shirts.
 - Shorts should be fingertip length.
 - If clothing is deemed inappropriate or revealing, a camper may be required to change.
 - Long sleeved shirts/pants are recommended to participate in paintball.
 - Some groups do prefer to bring nicer clothes for evening worship, but this is not required.

Swimsuit and Beach Towel

- Girls and boys must wear t-shirts and shorts over their swimsuit when traveling to and from water sites.
- Girls need to wear a modest one-piece swimsuit. If a girl must wear a two-piece, a colored t-shirt must be always worn over it. Tankinis are permitted but must cover midsection.
- Boys' swimsuits must be trunk type (no speedos).
- We recommend bringing swimsuits to rotate as campers will get wet every day.

Tennis Shoes / Flip Flops / Water Shoes

- Tennis shoes or other closed-toed shoes are important.
- Flip-flops are helpful for the pool or bathroom.
- Water shoes are recommended to participate in kayaking at the waterfront.

Pillow and Bedding Suitable for a Twin Bunk Bed

- A pillow, sheets, a blanket and/or a sleeping bag.

Towels, Soap, and Toiletries for Four Nights

- Deodorant, feminine necessities, toothbrush, toothpaste, shampoo, conditioner, soap in a container, and something to carry toiletries in.
- Be sure to bring towels for showering and for swimming.

Sunscreen, Insect Repellent, Flashlight

- Flashlight with extra batteries, sunscreen, insect repellent.

Spending Money for the Camp Store

- Bringing spending money is completely optional.
- However, if your student would like to purchase extra snacks, drinks, or merchandise from the camp store, here are some typical prices (may not be exact):
 - Merchandise
 - T-Shirts: \$18–\$24
 - Clearance T-Shirts: \$18–\$22
 - Sweatshirts: \$45
 - Drinks
 - Sodas: \$3
 - Powerade: \$3
 - Coffee: \$3
 - Snacks

- Candy: \$2–\$3
- Small Candy: \$0.50
- Chips: \$2
- Large Pringles: \$5
- General Snack Range: \$2–\$5

Snacks / Water Bottle

- We will provide snacks during the week; however, personal snacks can be brought but must be kept in a sealed container to prevent bugs.
- While the camp does offer some peanut-containing snacks in the Snack Shack, we ask that NO peanuts/peanut butter snacks be brought to camp or be allowed in the dorms due to potential camper allergies from other youth.
- A water bottle is highly recommended.
 - Locations to fill these water bottles will be available on site throughout the week.

Bible, Journal, Pen

- We will be in the Word of God multiple times a day, bringing a Bible is essential for this camp.

Medication

- All medications (prescription, non-prescription, and over the counter) remain with and are dispensed by the camp nurse. Please pack your medications separately from your luggage in the original prescription bottles that are labeled with your camper's information in a labeled zip lock bag with instructions. This is so that you will be able to easily access them and turn them into the camp nurse during check-in.

Clothing / Gear for Team Challenges

- Every youth will be given a headband with their team's color at registration.
- Groups often embrace their team color/print with clothing, props, face paint, etc.
- We encourage to bring clothes to represent your team color.
- PLEASE BRING WHITE CLOTHES FOR PAINT WARS ON THURSDAY.

What Not to Bring

Electronic Devices (cellphones, air pods, video games, laptops, tables... etc.)

- To provide distraction-free environment that helps students to fully engage in the youth camp, we ask that phone and electronics (air pods, video games, laptops, tablets, etc.) be left at home. However, we do allow electronics on the bus there and back (they will be taken up once they arrive).
 - If you need to contact your student during the camp, please send a message to the parent GroupMe (this will be created on August 2nd).
 - **Best times to request a call are during mealtimes at 8am, 12pm, 5:30pm.**

Valuables

- Valuables that you would be upset if lost.

Weapons

- Anything that could be used to harm someone (knives, anything sharp, or any type of weapon).

Alcohol, Drugs, Vapes

- Alcohol or drugs.
- Tobacco products of any sort.
- Vapes.

Packing Tips

- Label Everything

- Please label all items as students are responsible for personal belongings. Put your camper's first and last name on everything using a permanent marker. Be sure to label your camper's towels.

- **Other Important Items**

- Pajamas
- Extra underwear and socks.
- Pillow & pillowcase.
- Laundry bag for dirty clothes.
- Sunglasses.
- Hand sanitizer.
- Earplugs - For light sleepers.

Checklist

- ☐ **Clothing**

- ☐ Shorts (fingertip length)
- ☐ Short-sleeved shirts
 - No spaghetti straps, midriff-baring, or strapless shirts
 - No clothing promoting alcohol, tobacco, drugs, sexual behavior, or with inappropriate language.
- ☐ Long-sleeved shirts/pants for paintball
- ☐ Pajamas
- ☐ White clothes for Paint Wars on Thursday
- ☐ Extra underwear and socks
- ☐ Optional: Nicer clothes for evening worship

- ☐ **Swimwear**

- ☐ T-shirts and shorts to wear over swimsuits for travel to/from water sites.
- ☐ Modest one-piece swimsuit for girls or tankini covering midsection.
- ☐ Trunk-type swimsuits for boys (no speedos)
- ☐ Additional swimsuits for rotation

- ☐ **Footwear**

- ☐ Tennis shoes/closed-toed shoes.
- ☐ Flip-flops for pool or bathroom
- ☐ Water shoes for kayaking

- ☐ **Bedding**

- ☐ Pillow & pillowcase.
- ☐ Blanket or sleeping bag.
- ☐ Optional: Sheets (twin size)

- ☐ **Toiletries**

- ☐ Towels for showering and swimming
- ☐ Deodorant, feminine necessities
- ☐ Toothbrush, toothpaste
- ☐ Shampoo, conditioner.
- ☐ Soap in a container
- ☐ Toiletry carrier

- ☐ **Personal Items**

- ☐ Bible
- ☐ Journal
- ☐ Pen
- ☐ Medications (pack separately, labeled, with instructions for camp nurse)
- ☐ Team Challenges clothing/gear (team color)

- ☐ **Snacks and Drinks**
 - ☐ Water bottle
 - ☐ Sealed container for personal snacks (no peanuts/peanut butter)
- ☐ **Miscellaneous**
 - ☐ Sunscreen
 - ☐ Insect repellent
 - ☐ Flashlight with extra batteries
 - ☐ Sunglasses
 - ☐ Hand sanitizer
 - ☐ Earplugs for light sleepers
- ☐ **What Not to Bring**
 - ☐ Electronic devices (Unless for the bus ride)
 - ☐ Sharp objects or weapons
 - ☐ Valuables that could be lost
 - ☐ Alcohol, drugs, tobacco products, vapes.
- ☐ **Optional: Spending Money**
 - ☐ Cash for Camp Store

FAQ'S

Who is it for?

Entering 7th - 12th grade students and our 2026 graduating seniors.

When and where will camp take place?

Monday – Friday, August 3rd - August 7th, 2026. Camp will be held at Cho Yeh Carolina Creek located in Huntsville, TX.

How do I register?

Please use this link to register your youth! ([Sign Up Here](#)).

What does the registration payment include?

Registration includes transportation, lodging, meals, snacks, camp shirt, and activity costs for the duration of camp.

What is the cost?

The cost of camp is \$515.

However, we are offering a \$75 discount for participating in our youth BBQ drive through fundraiser ([Sign Up to Volunteer](#)). We are also offering a \$50 early bird discount for registrations completed by May 31st.

Can I secure my spot with a deposit?

Yes, please go to this link ([Sign Up Here](#)) and select the \$100 deposit option.

How do I hold my spot if my youth are planning on serving in the fundraiser?

Select the deposit option (in the form) to hold your spot then pay the remaining amount after the fundraiser.

Can I make incremental payments?

Yes, after making an initial deposit you can make as many incremental payments as you wish through the same registration link ([Click Here](#)).

What is the cancellation policy?

The \$100 deposit per student is to reserve their spot and is non-refundable should you choose to cancel. If you choose to cancel after July 12th the registration fee per student is non-refundable.

How can I sponsor youth camp?

Thank you for your generosity and support. If you would like to sponsor for camp 2026, please use this link ([Donate Here](#)).

Are scholarships available?

If financial assistance is needed, please fill out this form ([Click Here](#)).

When is the last day to sign up?

July 12th is the last day to sign up or until spots fill up.

When is the final balance due?

Final balances will be due on July 12th.

Will there be a parent info meeting I must attend?

Yes, there will be a Parent Info Meeting on July 19th at 12:30pm. Join us after 2nd service in Room 209 to discuss all the details for the youth camp.

How do I know I am registered?

You will receive a confirmation email from Calvary Houston. Please check your spam folder and if you have not received an email, email p.alex@calvaryh.org.

I'm having trouble registering, who can I contact?

Please call us at 281-648-5800 or email p.alex@calvaryh.org.

What will students do at camp?

Students will engage in Christ-centered worship, biblical teaching, relevant workshop sessions, small group discussions, and relationship building opportunities throughout the week. They will also have the opportunity to participate in traditional camp activities such as ropes courses, swimming, recreation games, paintball, etc. In addition, there will also be friendly competition and creative games throughout camp.

What are the check-in and pick-up times for camp?

Check in will be at Calvary Houston at 12:00pm on Monday, August 3rd. Pick up will be at Calvary Houston at 2:00pm on Friday, August 7th.

What if my student cannot attend the entire camp?

The camp services build upon one another, and we will only be able to transport students at the start and end of camp. It is recommended that your students attend camp in its entirety. However, if your student will arrive late or leave early, please email Pastor Alex Rodriguez at p.alex@calvaryh.org.

Is there transportation to camp?

Transportation will be provided by a bus to and from camp.

What happens if I need to make alternative travel plans? Can my student drive to camp?

Please contact Pastor Alex Rodriguez at p.alex@calvaryh.org for any alternative travel plans questions.

Will parents receive any updates throughout the event?

We'll be posting pictures, videos, and various information via Instagram. For updates, follow CH Youth: @calvaryhoustonyouth. Parents will be also receiving daily GroupMe communications with updates.

How will students be arranged in cabins?

Students will be arranged in cabins according to grade and gender. We aim to place your student in a cabin with at least one friend. You can submit friend rooming requests in the registration form. We cannot ensure we can accommodate every request made. Each student will be assigned to a youth worker who has completed an application, interview, background check, child abuse prevention training and other Calvary Houston policy and procedure trainings. Cabin assignments are final and cannot be changed.

How much spending money should I bring?

Bringing spending money is completely optional.

However, if your student would like to purchase extra snacks, drinks, or merchandise from the camp store, here are some typical prices:

Merchandise

- T-Shirts: \$18–\$24
- Clearance T-Shirts: \$18–\$22
- Sweatshirts: \$45

Drinks

- Sodas: \$3
- Powerade: \$3
- Coffee: \$3

Snacks

- Candy: \$2–\$3
- Small Candy: \$0.50

- Chips: \$2
- Large Pringles: \$5
- General Snack Range: \$2–\$5

What if my student has dietary restrictions, allergies, or a medical condition that would prevent them from attending?

Email us at p.alex@calvaryh.org with details and we will do our best to accommodate them.

What are Team Challenges?

Team Challenges are all about having fun together! Students will compete in exciting games and activities designed to build teamwork, laughter, and lasting memories. But it's more than just games—it's a chance to encourage one another, grow in unity, and experience what it means to work as one body with many parts (1 Corinthians 12:12). Win or lose, it's all about giving your best, cheering each other on, and glorifying God in the process!

When will I find out my student's team color?

You will be notified of team color 2 weeks before camp. Team colors are final and cannot be changed.

What do we pack?

Please refer to the packing guide included in this document.

How does my child get medication while at camp?

We will have a PA with us that will administer medication.

Who should I contact for any questions?

If you have any further questions about Calvary Houston Youth Summer Camp, email us at p.alex@calvaryh.org.

